



**BLACKWATER
COMMUNITY SCHOOL**

Committed to quality education

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Dear Parent/Guardian

Next term, as part of our Junior Cycle SPHE Programme in third year, we will be teaching the module on Relationships and Sexuality (RSE). RSE is much wider than the physical aspects and incorporates the moral, spiritual, social and psychological elements of each person. In third year RSE, the topics that will be covered are as follows:

Module: Relationship & sexuality

- where am I now?
- relationships
- respect, rights and responsibilities
- conflict
- health and personal safety ; STIs ; contraception
- body image and self-esteem

Your son/daughter may wish to talk about the topics raised in class and you are best placed to address any concerns they may have. This module will begin during the week of 8th of January 2023.

If you would like to discuss this further, or if you have any queries, do not hesitate to contact the school.

We would like to take the opportunity to thank you for your ongoing support.

Yours sincerely,

Third Year SPHE teachers