

Date :

Dear Parent / Guardian

On Tuesday March 21st the school will be presenting a performance from a project called **Acting for the Future** run by Smashing Times International Centre for the Arts and Equality which uses a professional theatre performance to promote positive mental health and suicide prevention. The project is run in association with the Samaritans, with assistance from a panel of advisors.

On this date the company also present a monologue 'A Day Out' from the highly acclaimed *Testimonies* by Mary Moynihan and Paul Kennedy. *Testimonies* is a professional theatre performance and consists of dramatic monologues adapted from the experiences of those who have lost loved ones to suicide and from the experiences of those who have been through a suicidal crisis and survived. During the performance of 'A Day Out ' the actor presents the story of the last day he spends with his friend who takes his own life and his subsequent struggles to make sense of his friends actions. The performance is followed by a post-show discussion and a drama workshop with a registered psychotherapist and invited guest speakers from the Samaritans. Audience members are invited to workshop and discuss the issues raised by the performances.

I give permission for my child Name; _____ to attend,

Sincerely

Name of Parent and Signature