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**Waterford Children & Young  
People's  
Services Committee**

**Newscast compiled by Margaret Collins  
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**Waterford Parent Hub**

**t: + 353 51 350 100**

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**w: [Waterford Parent Hub - Waterford Parent Hub \(brillfrc.ie\)](http://Waterford Parent Hub - Waterford Parent Hub (brillfrc.ie))**

**fb: <https://www.facebook.com/WaterfordParentHub>**

**e: [waterfordparenthub@brillfrc.ie](mailto:waterfordparenthub@brillfrc.ie)**

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## **UPDATE - Children & Young People's Plan (CYPP), 2024-2026**



On behalf of the Waterford CYPSC Research Consultants Team, I would like to say thank you very much to everyone who recently has taken the time to distribute and complete the 3 CYPSC Surveys which was **Stage 1**, the *Online and Participatory Research Consultations* with Key Stakeholders, Children , Young People and their Families.

This key stage in the development of the CYPP is now near completion. This data will help to identify the experience, needs, reflections and recommendations of children and young people, parents/guardians, service providers and others working with children and families.

All survey feedback is anonymous and will be deleted once the data is analysed.

If your service or client group has not had an opportunity to have their voices heard, then please one last time share the below links and encourage their participation.

These links will close on **Monday the 20<sup>th</sup> of May.**

- [LINK TO CHILDREN AND YOUNG PEOPLE SURVEY](#)  
(<https://www.surveymonkey.com/r/Waterfordcyp>)
- [LINK TO PARENTS/GUARDIANS SURVEY](#)  
(<https://www.surveymonkey.com/r/WCYPSCParents>)
- [LINK TO SERVICE PROVIDER SURVEY](#)  
(<https://www.surveymonkey.com/r/WCYPSCServices>)

As always, your ongoing support is what makes the difference!

Thank you.

Margaret Collins

Waterford's CYPSC Co Ordinator

## Stage 2 in the development of Waterford's CYPP

Has your service/agency signed up for the **Sharing of the data** collected, Review and Strategic Planning day on Tuesday the 28<sup>th</sup> May , Woodlands Hotel , Waterford.

**CYPSC**  
CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES  
Waterford

### Strategic Planning Session 1 for Waterford's Children & Young People's Plan

- Tuesday, 28th May 2024
- Venue tbc
- 9.15am (sharp) - 3.45pm
- REFRESHMENTS & LUNCH PROVIDED

### Agenda

- Welcome & Setting the Scene
- CONTEXT FOR THE NEW C & YP PLAN
- HOW WE ARE DEVELOPING THE PLAN
- OVERVIEW OF CONSULTATIONS UNDERTAKEN

- **Current Reality in CYPSC to Inform Plan**
- WATERFORD CYPSC'S ACHIEVEMENTS TO DATE
- ONGOING WORK IN THE NEW PLAN

- **Current Reality in Waterford to Inform Plan**
- SUMMARY OF WATERFORD'S DEMOGRAPHIC PROFILE
- OVERVIEW OF FINDINGS FROM CONSULTATIONS WITH CHILDREN,
- YOUNG PEOPLE, PARENTS & SERVICE PROVIDERS IN CITY & COUNTY

- **Identifying Key Priority Areas for the Plan**
- DISCUSSIONS & DIRECTION ON FOLLOWING THEMATIC AREAS
- HEALTH, EDUCATION, SAFETY, ECONOMIC SECURITY, PARENT SUPPORTS
- AND CONNECTED, RESPECTED & PARTICIPATION

Please RSVP mentioning any Dietary or Access Needs to [margaretmmary.collins@tusla.ie](mailto:margaretmmary.collins@tusla.ie)

## **Update on the National evaluation of Children and Young People’s Services Committees (CYPSC).**



**The Centre  
for Effective  
Services**

The evaluation is moving at a quick pace, in accordance with the plan agreed with DCEDIY, and we at the CES would like to update you on our activities in the next few weeks. These activities may require your help or involvement, so please read carefully:

**Activity 1: Preliminary analysis of data from the *Survey of Coordinators, Chairpersons and Vice-Chairpersons*:** The survey had 42 respondents and includes a wealth of quantitative and qualitative data. We have started a preliminary analysis of the data to inform the next steps below and gain answers to the evaluation questions. We will conduct a full analysis of the data once all data collection for the evaluation is complete in August.

**Activity 2: Organise and facilitate online focus groups with *Coordinators, Chairpersons and Vice-Chairpersons*:** Thank you to everyone who volunteered to take part in an online focus group in the coming weeks. A member of the evaluation team will email you directly by the end of the week with further information on this. If you did not complete the survey, but would like to take part in a focus group, please contact [kmcgrath@effectiveservices.org](mailto:kmcgrath@effectiveservices.org)

**Activity 3: Design and distribute the *Survey for CYPSC Members and Collaborating Organisations*:** We are currently designing a second survey which is intended for all members of the CYPSC main committees and sub-committees, as well as organisations who are not members of your CYPSC but who may collaborate with your CYPSC on certain projects. This survey is **not** for Coordinators, Chairpersons and Vice-Chairpersons. It will be a shorter version of the survey you recently completed and the questions we ask in it will be informed by the preliminary analysis of the Survey for Coordinators, Chairpersons and Vice-Chairpersons. The survey will open for 3 weeks, starting in the last week of May (the exact date is to be decided). We ask you to please raise awareness of the survey amongst your members and encourage them to complete it when it opens. Their feedback is an important part of the evaluation.

**Activity 4: Organise and facilitate an online focus group for Young People (aged 18+) on the CYPSC membership:** We will be arranging an online focus group for young people (aged 18+) who are members of a CYPSC main or sub-committee, or who have been involved in some way with the work of CYPSC (e.g. through youth forum or Comhairle na nÓg). In the first instance, we will seek expressions of interest amongst young people who complete the *Survey of CYPSC Members and Collaborating Organisations*.

Thank you again for your participation and cooperation with the evaluation, we greatly appreciate it.

Karl McGrath

[CES Researcher on the CYPSC Evaluation Team

- **Psychology Workshop for Parents in Dungarvan Tuesday 28<sup>th</sup> May**

## HELPING YOUR CHILD WITH ANXIETY



*Dr Jennifer Hayse Clinical Psychologist will be delivering a psychology session aimed at Parents/Careers who are experiencing challenges relating to anxiety with reference to school refusal.*

### Topics Covered:

- Inside the mind of 11–15-year-olds
- Understanding anxiety
- Practical & Effective psychological strategies to help young people with anxiety and support teens going through adolescence
- Reference to school refusal in examples used and tips given on dealing with school refusal

**DATE:** Tuesday 28<sup>th</sup> of May

**TIME** 7pm-8:30pm

**VENUE:** The Park Hotel Dungarvan, Shandon Rd, Shandon, Dungarvan

**Co. Waterford, X35 CC97**



[www.tusla.ie/parenting-24-seven/](http://www.tusla.ie/parenting-24-seven/)

- **HUGG (Healing Untold Grief Groups) - Information event 15<sup>th</sup> June 2024**

HUGG is one of our NGO partners, the support groups specialise in suicide grief and are run by trained facilitators who have experienced the loss of a loved one to suicide.



**FREE information event on suicide grief  
and supports available**

**Saturday, 15th June 1-3pm  
Avalon House Hotel, Co. Kilkenny**

**Join us for compassionate conversations  
All welcome, no need to register**

**What to expect:  
Guest Speaker, Bryan Nolan, Grief and Loss Specialist  
Personal stories of suicide loss and hope  
Local support services will be available**



**Supported by**



**Learn more [www.HUGG.ie](http://www.HUGG.ie)**

## **Waterford Comhairle na nOg Campaign for Jigsaw Mental Health Support**

Waterford Comhairle na nOg is the Youth Council of Waterford. Each year the council works on a topic that is voted on at their Annual Youth Conference. The topic for 2024 is *Mental Health*.

We are asking you to [Sign our Petition](#) using this link. We aim to gather 5,000 signatures to show the Government how much the service is needed across the county. We have also attached a poster that we are asking you to share with your friends, families and communities. if you could tag @WaterfordComhairle on Facebook or Instagram.

[Find out more about Jigsaw here](#)

Over the next few months, we will campaign for better Mental Health Services for better outcomes for young people and their families.



<b>Problem:</b> Limited availability of mental health services in Waterford	<b>Aim:</b> Establish Jigsaw in Waterford and provide more funding for youth mental health services
<b>Plan:</b> Gain 5,000 signatures to show that there is a need in the county  For more info Contact info@waterfordcomhairle.org 0868368113	<b>Sign our petition to get this much needed service in YOUR county</b>



## Webinars & Training Events

- **Bursary for M.A in childhood studies and in childhood and Adolescent studies**



This is a third level college based in Limerick and Griffith College Dublin, offering a wide range of educational programmes, utilizing blended/online learning technologies in Counselling, Psychotherapy, Addiction, Psychology, Leadership and Management .

More specifically this is information on a bursary on our MA in Childhood and Adolescent Studies, MA in Childhood Studies and MA in Adolescent studies reducing the cost of our MA programmes in Childhood and Adolescent studies by €3000 as part of the college's commitment to affordable access to education.

The programmes available on this bursary are listed below, further information around modules covered can be found on the attached document.

- MA in Childhood and Adolescent Studies - <https://ichas.ie/course/m-a-in-childhood-adolescent-studies/>
- MA in Childhood Studies - <https://ichas.ie/course/m-a-in-childhood-studies/>
- MA in Adolescent Studies - <https://ichas.ie/course/m-a-in-adolescent-studies/>

They offer the programme on a Full Time(evening) 1 year and Part time(evening) over two years and can be attended via online classes.

Applications can be made via <https://myichas.ie/newApplication/apply>

If you have any questions or require any further information on the above-mentioned programmes or any of our other programmes, please do not hesitate to contact

**Tony O'Brien**  
**Quality Assurance and Enhancement Officer**  
Irish College of Humanities and Applied Sciences

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

**Tel:** 061 216288 **Website:** [www.ichas.ie](http://www.ichas.ie)

## **Monday 10<sup>th</sup> June online information session on our Young Carer supports**



For National Carers Week, Family Carers Ireland have a range of events on offer.

As part of this, we are holding an online information session on our young carer supports for professionals. Join us on Zoom Monday June 10<sup>th</sup> at 10am to learn more about young carers and how we can support them.

Please register on Eventbrite link below for this session.

<https://www.eventbrite.ie/e/young-carers-an-information-session-for-professionals-tickets-904828986857>

Niamh Finucane Support Manager- Young Carers, Family Carers Ireland - 086 1077085

**Calling all Professionals**

As a professional working with families or young people, you might meet young carers in your service. This session will give information on young carer's challenges, importance of identification and what supports are available.

**Date:** Monday 10th June  
**Time:** 10am-11.30am  
**Location:** Online via Zoom

Please register through Eventbrite

**National Carers Week**  
10th-16th June  
[www.familycarers.ie/events](http://www.familycarers.ie/events)

**Young Carers**  
Family Carers Ireland  
No one should have to care alone

## Community Information

- SETU Literacy Development Centre programmes from NFQ Level 6-8 for 2024/2025



Just a quick update on the method of delivery of all programmes, NFQ Level 6-8 at the Literacy Development Centre for the 24 / 25 Academic Year.

All modules will be offered over two weekends, with the two Fridays (Day 1 and 3) delivered face to face in SETU Waterford, College Street Campus. Online deliver will occur on Saturdays (Day 2 and 4) for every module, which is reflected in the attached timetables.

For ease of access, please find below, the link for all applications for the timetabled Literacy Development Centre programmes from NFQ Level 6-8 for 2024/2025.

[Literacy Development Centre Application Form](#)

Please note that the closing date for applications is **31<sup>st</sup> May 2024**, where applications will be reviewed following that date, as places are very limited on all programmes and will be offered to successful applicants following 31<sup>st</sup> May.

**Dr Clare Power** (she/her)

PhD, MA(Res), MSc, BSc, ML&DI

Assistant Head of Department - Literacy Development Centre

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