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Dear Parent/Guardian

Next term, as part of our Junior Cycle SPHE Programme in first year, we will be teaching the module on Relationships and Sexuality (RSE). RSE is much wider than the physical aspects and incorporates the moral, spiritual, social and psychological elements of each person. In first year RSE, the topics that will be covered are as follows:

Module: Relationship & sexuality

- impact on physical, emotional and psychological and social development in adolescence
- the human reproductive system
- menstruation
- age of consent
- sexual intercourse and conception
- gender stereotyping

Your son/daughter may wish to talk about the topics raised in class and you are best placed to address any concerns they may have. This module will begin during the week of 8th of January 2023.

If you would like to discuss this further, or if you have any queries, do not hesitate to contact the school.

We would like to take the opportunity to thank you for your ongoing support.

Yours sincerely,

First Year SPHE teachers